

Hi, my name is Ash.

I'm 10 and I have eczema.

Do you have eczema, too?

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[DIFFERENT CHILDREN ON CAMERA SCENE]

"Yes, I have eczema."

"I do."

"Me too."

"I have eczema, too."

"So do I."

"I do too."

"Me too!"

"I do, too."

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[MAIN CHARACTER SCENE]

It feels good that I'm not the only one. Did you know that 2 in 5 kids have eczema just like me and you?

See these cracks, red marks and oozing rashes on my arms? That's eczema, and I've had it my whole life. It wasn't always this bad, but it sure does make me itch a lot.

Sometimes I can't sleep because of it, and yesterday I woke up with blood in my bed again because I scratched so hard while I was sleeping. Now my skin really hurts, and that's on top of the dry flaking skin I usually have.

When you have eczema, other kids are sometimes afraid they might catch it and they don't want to come close. Good thing you and I know it's not contagious!

I feel the best when I have long sleeves and pants on - even in the summer. That way no one can see my marks and make fun of me. I miss swimming the most, but I don't

want to take lessons anymore because my bathing suit shows my spots. Plus, water stings.

But guess what? My mom is taking me to see a new eczema doctor today.

I'm really excited.

Oh, there she is now to pick me up. C'mon!

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[DOCTOR'S OFFICE SCENE]

"Hi, Ash. I'm so happy you came to see me today."

"I'm sorry you've been struggling with your eczema. You're not alone. The good news is, I can help, and I'm here to teach you and your family how to make your eczema better. Does that sound good to you?"

"Yeah!"

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[PARK SCENE]

Hi again! This park is so much fun! Can you tell which one is me? Didn't think so. I look a little different now because I'm wearing shorts and a t-shirt, and all my spots are gone!

Turns out my new doctor was right. Now, I sleep through the night, I can wear whatever I want, no one is scared of catching something from me, and best of all, I'm taking swimming lessons again!

I'm so happy. And you can be, too, because there are amazing creams available and if those don't work, there are lots of new things to help kids like us.

Tell your parents and don't give up! There are lots of doctors out there who want to help.