

Product name: ***Lady in Nature***

Product title: **Energy Stone Lady in Nature Sterling Silver Meditation Spinner Ring**

LADY IN NATURE. Reconnect with nature with the Energy Stone LADY IN NATURE spinner ring! It is a ring design inspired by nature's beauty and the inner balance, peace and harmony we feel when we walk through a luscious forest.

WALKING MEDITATION. This is your opportunity to find the still point where your energy is realigned through mindful walking meditation. Feel your best physically, mentally and emotionally when you immerse yourself in everything Earth has to offer.

DESIGNED FOR RELAXATION. In the spinner, a lady stands amidst the beautiful trees. In the base of the ring beneath her, is a second hollowed out tree pattern. Both pieces are sturdy yet easily moveable. Spin fast or spin slow, this spinner ring lets you move at your own pace as you enjoy the picturesque effects of each pause. With each rotation, feel your nervous energies release as you come back to your state of inner balance.

HIGH QUALITY. This sterling silver women's meditation spinner ring was designed by Energy Stone and made by artisan experts. With 3 quality inspections in place, you always get exactly what you expect.

THE IDEAL GIFT. Give the gift of serenity to a woman who appreciates nature and who can benefit from a powerful visualization on the most hectic days.

PURE STERLING SILVER. In and out, this high-quality Lady in Nature spinner ring from Energy Stone is constructed of pure sterling silver for long-lasting enjoyment.

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Meditate in your own majestic forest

We are meant to be outside in nature. Our connection with mother nature reminds us where we came from and brings us back to that stillness that keeps us grounded. This one-of-a-kind meditation spinner ring design reminds us of nature's value. Embark on a journey of walking meditation to let your troubles melt away under the afternoon sun, and your worries disappear as the forest leaves brush them from your skin. As you spin, the beautiful and mysterious woman makes her way through the forest, while you bring your mind and body to a state of calm and happy focus.

Inspired and passionate, Energy Stone designed and handcrafted Lady in Nature from solid sterling silver. The wide-band style, stretching 11mm knuckle to knuckle with a weight of 6g makes this spinner ring look stunning on any finger. Comfortable, functional and sophisticated, this ring is the perfect daily companion for the woman who appreciates nature and craves a new, soulful beauty for her jewellery collection.