

BIKE RALLY

One session. Years of value.

This event is brought to you by Bike Foundations, a GTA company that helps kids build skills and gain confidence on their bicycles through a game-based teaching philosophy.

What is Bike Rally?

Bike Rally is an event that runs for 1.5 hours in various locations. Sponsored by organizations, companies and schools, it is designed to create safer communities by empowering young riders with the tools they need to bike safely and skillfully.

How does it work?

Bike Rally is an organized and efficient event that teaches a lot, in a small span of time. Using saucers, pylons, sidewalk chalk, ramps and party streamers, we take riders through a comprehensive program packed with value and oozing with fun!

1. Arrive with a bike.

And be ready to ride.

2. Helmet check.

All helmets are checked for size, fit and optimal safety.

3. Bike check.

We have professionally trained mechanics onsite to check bike brakes and tire pressure. Adjustments are made and all bike chains are oiled.

4. Skills test.

A quick review of each rider lets us categorize the participants into two groups.

5. Bike games.

A variety of games are played including "Bike Bowling", "Straight Lines and Slaloms", and "Cycle the Site". Each is designed to build essential skills in a way that is fun and memorable for riders.

Quality and dependability

Bike Rally is run by experts with a personal touch. Lead Teacher and Founder, Tom Lazarou, is always onsite and brings to the table 10+ years of bike mechanics, as well as group and one-on-one teaching experience.

Every coach at Bike Foundations is a trained professional with a lighthearted attitude, so kids are always in good hands.

Play games, build skills.
Learn safety, optimize performance.

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